

Erasmus+: Sport Info Day

**Session 5 – Small Collaborative
Partnerships**

**Natasha Jovicic
Miguel Romero**

Brussels, 05 February 2019

#sport infoday

Why Small Collaborative Partnerships?

- ✓ Better promote **grassroots** sports
- ✓ Increase participation of **sport organisations**
- ✓ Give visibility to **local** projects
- ✓ **Simplify** administrative procedure

Definition

Erasmus+ Legal Basis – Article 2 Definitions (24):

*"**Grassroots sport** means organised sport practised at local level by amateur sportspeople, and sport for all."*

High Level Group on Grassroots sports:

*"**Grassroots sport** is physical leisure activity, organised and non-organised, practised regularly at non-professional level for health, educational or social purposes."*

Local level

**Physical Leisure
Activity**

**Organised and
not Organised**

Amateur

**Health, Education,
Social purposes**

**Non-professional
level**

What are the aims?

- ✓ Develop and reinforce **networks**
- ✓ Increase **capacity** to operate at transnational level
- ✓ Exchange **good practices**
- ✓ Confront **ideas and methods** in different areas relating to sport and physical activity

through transnational project meetings

Topics

Encourage social
inclusion and equal
opportunities in sport

Promote European
traditional sports
and games

Protect athletes,
especially the youngest,
from health and safety
hazards by improving
training
and competition
conditions

Promote education in
and through sport with
special focus on skills
development

Support the mobility
of volunteers, coaches,
managers, staff of
non-profit sport
organisations



Supported activities

Networking

Educational and training modules/tools

Good practices exchange

Awareness-raising activities

Innovative synergies

Evidence-base to tackle societal and economic challenges

Conferences, seminars, meetings, events,
awareness-raising actions...

Eligibility

Public body or any organisation active in the field of sport established in a Programme or Partner Country

Applicant established in a Programme Country

At least **3** organisations from **3** different Programme Countries

Eligible Countries

Applicant – Programme Countries

- The 28 EU Member States and **6** non-EU Programme Countries
- Former Yugoslav Republic of Macedonia
- Iceland, Liechtenstein, Norway
- Turkey
- **Serbia (new)**

Partners Countries

See lists E+Guide: p.22-24

http://ec.europa.eu/programmes/erasmus-plus/resources/programme-guide_en

Eligibility


Start of the project	01/01/2020
Maximum duration	From 12 to 24 months (12, 18, 24 months)
Deadline	04/04/2019, 12 pm (midday) CET

**The activities must take place in the countries of
organisations involved in Small CP**

Practical info



How to apply?

- **Register** your organisation & **all your partners** to the **Participant Portal**. You will receive a unique Participant Identification Code **PIC** (9 digit #)
without a PIC organisations & partners cannot apply
- **Check** if you are not registered already
- **Prepare** all **legal documents** to be downloaded (status, VAT etc..) 

<http://ec.europa.eu/education/participants/portal/desktop/en/organisations/register.html>



European
Commission

Contact | Legal Notice | English ▼

Education, Audiovisual, Culture, Citizenship and Volunteering

Participant Portal

European Commission > Education And Formation > Participant Portal > Home

HOME ORGANISATIONS ▼ EXPERTS ▼ SUPPORT ▼ LOGIN REGISTER

Welcome to the Education, Audio-visual, Culture, Citizenship and Volunteering Participant Portal

The Participant Portal is your entry point for the electronic administration of EU-funded projects under the programmes:

- Creative Europe
- Erasmus+
- Europe for Citizens
- EU Aid Volunteers.

If you plan to submit a project proposal under one of these programmes, or wish to participate as an independent expert, you are required to register your [organisation](#) or expert details here. In the Organisation tab you will be able to search for registered organisations.

Are you a new user?

1 To register your organisation or expert details, you need first to have an ECAS account (European Commission Authentication Service)

2 If you don't have an ECAS account, you can create one by clicking [here](#) or by using the "Register" button above. Further information on ECAS accounts can be found [here](#).

3 Authenticate your identity using the "Login" button above and continue your registration by clicking the Organisations or Expert tabs.

Do you already have an ECAS account?

<http://ec.europa.eu/education/participants/portal/desktop/en/organisations/register.html>

Where and What?

- Use the official E- forms

https://eacea.ec.europa.eu/documents/eforms_en

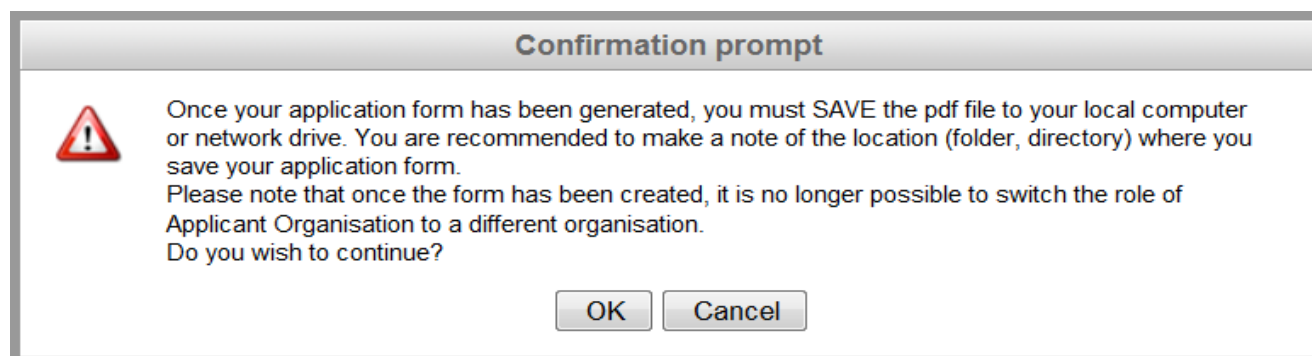
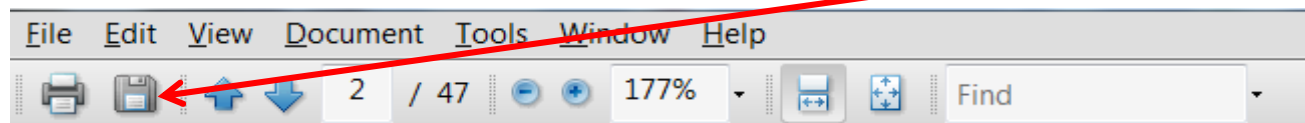


- Read the Programme guide, guidelines for applicants, download all 3 compulsory annexes see funding pages

https://eacea.ec.europa.eu/erasmus-plus/funding/sports_2019_en

- Read the FAQ

E-forms : Save regularly



Once created
pop up
message to
save the e-
Form (CTRL
and S or save
button)
immediately to
your local
computer or
network drive



Otherwise you
lose everything
including PIC
info

Attachments and Validation

Attachments

Detailed description of the project. Word document (doc, docx, odt) or PDF document(pdf). *:

Attach a document

Declaration of Honour. PDF document only (pdf). *:

Attach a document

Budget. Excel document only (xls, xlsx, ods). *:

Attach a document

Validate form

Submit this form

000000000

**Submission
number**

Errors list

Number of mandatory field(s) not filled in: 225

The declaration of honour has not been attached.

The budget tables have not been attached.

Add the
completed
compulsory
annexes

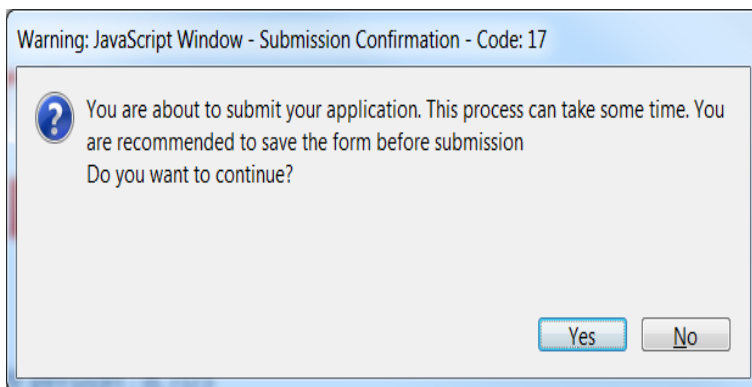
10MB total
limit to the
total size

Click on
Validation button
only once
finalised !

If problems error
list, modify,
revalidate

Submission

Submit this form



550501-CITIZ-1-2014-1-BE-CITIZ-OGREM

Submit, Click on YES, it save it without changing the file name

No possibility to change anything

Write down your Submission application number (appears also in the footer)



Advices for applicants

- Have the **project idea** firmly in mind before completing the form
- Understand how the **application** is **structured** (few weeks to more than a year)
- Project fits into the E+ Sport **objectives**
- **Partner involvement** (work packages and budget) has been fully **discussed & agreed**

Advices for applicants

- Time for drafting + reviewing: redrafting requires dedicated staff time
- Test your draft application on someone outside the partnership
- Partners providing low quality input to draft the application will not provide high quality input into the project

Applicants' common mistakes

- Vague **description**
- No **focus**
- No **consistency** between project objectives, methodology, activities and budget
- Inflated **budget**
- Weak **impact** and dissemination

2 main ineligibility grounds

1. Missed deadline
2. Compulsory annexes not included



General suggestions (to avoid amendments)

- Don't involve **large number** of partners
- Be familiar with **partners' profile** for a proper project implementation
- Discuss number & dates of **meetings** before applying
- Understand **budget categories**
- Have **adequate project team** for implementation

Award Criteria



Award Criteria

Relevance of the project Maximum **30** pts

Quality of the project **design** Maximum **20** pts
and implementation

Quality of the project **team** Maximum **20** pts
and the **cooperation**
arrangements

Impact and **dissemination** Maximum **30** pts

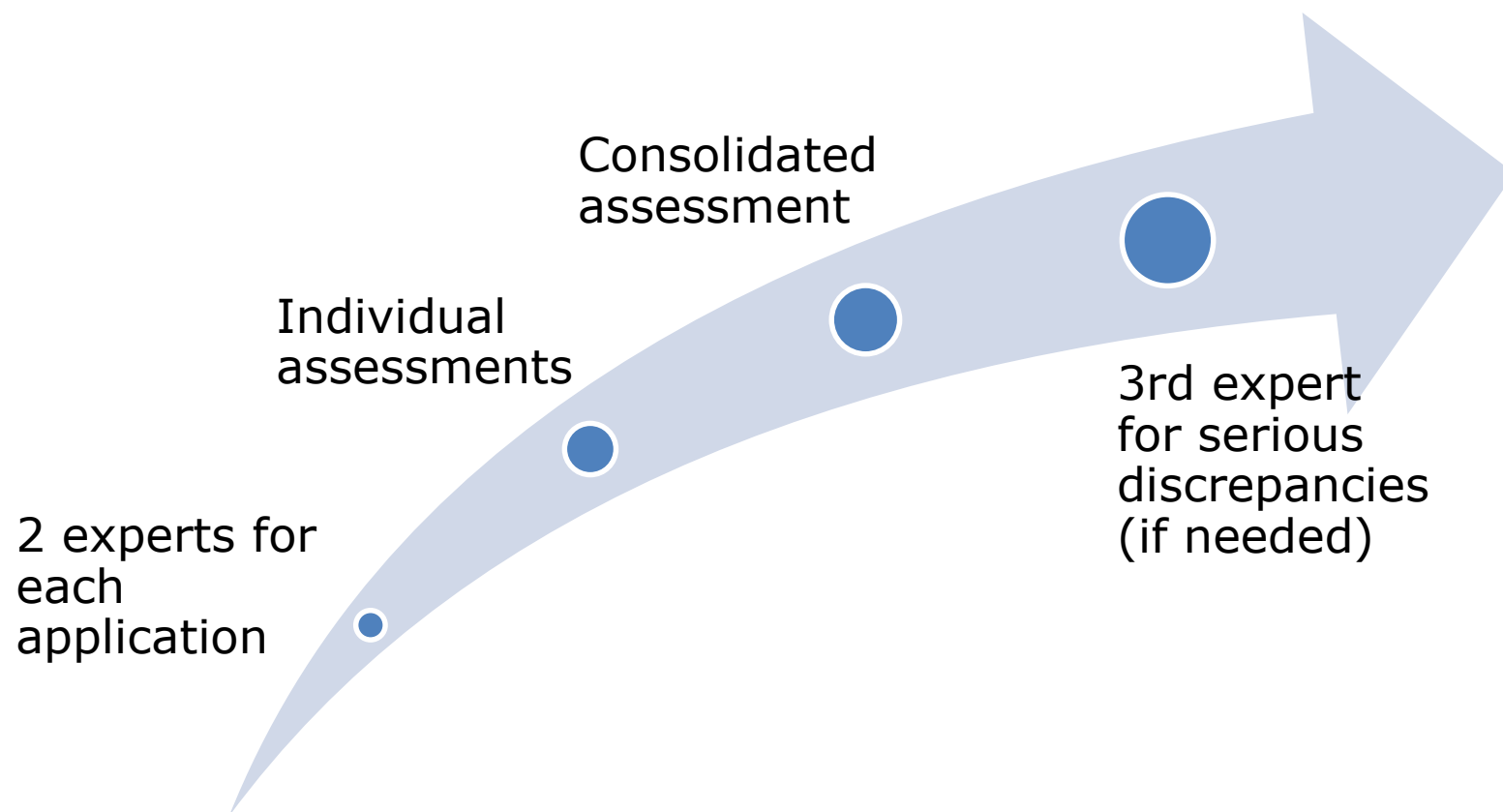
Double threshold:

- ***50% of each criterion***
- ***at least 60 pts in total***

Award Criteria

Award Criteria	Project description (eForm annex)
Relevance of the project	Part D: Aims and activities of organisation Part E: Project characteristics and relevance
Quality of the project design and implementation	Part F
Quality of the project team and cooperation arrangements	Part D: Aims and activities of organisation Part G: Quality of the project team and cooperation arrangements
Impact and dissemination	Part H

Evaluation



Financial aspects



Financial aspects

Max EU grant	60,000 EUR
Simplified grant	Only 3 budget categories Mainly use of unit costs
EU co-financing	Only for Exceptional costs heading: maximum 80% of the total eligible real costs up to 10.000 euros

Budget categories:

Budget category	Description	Financing mechanism
Project management and implementation	Staff costs for general project management (e.g. planning, coordination, finances, communication), small-scale training/teaching/learning materials and approaches, virtual cooperation and local project activities, and information, promotion and dissemination (e.g. brochures, leaflets, website).	Unit costs
Transnational project meetings	Contribution towards the travel and subsistence costs associated with meetings held among partners.	Unit costs
Exceptional costs	Sub-contracting, purchase of goods and services.	Real costs (80%) up to 10.000 euros

Budget category	Financing mechanism		Rule of allocation
Project management and implementation	Contribution to activities of the coordinating organisation: 500 EUR per month	Max. 1.500 EUR per month per project (capped to 5 entities)	Duration of project and number of participating organisations
	Contribution to activities of participating organisation (partner): 250 EUR per month per partner (min 2 - max 4)		
Transnational project meetings	For travel distances: 100-1999 km: 575 EUR per participant per meeting		EC Distance calculator and number of participants
	For travel distances: 2000 km or more: 760 EUR per participant per meeting		
Exceptional costs	80% of eligible costs Max. 10.000 EUR per project		Actual costs

Financial aspects

Example for Small Collaborative Partnerships:

- 4 organisations (DE, BE, IT, ES)
- 3 meetings (18 participants in total)
- 1 event (demonstration of traditional sport)
- 2 years' duration

Budget items	Amounts
Project management and implementation	30,000 EUR
Transnational project meetings	10,350 EUR
Exceptional costs	6,800 EUR
Total	47,150 EUR

Statistics of Selection 2016

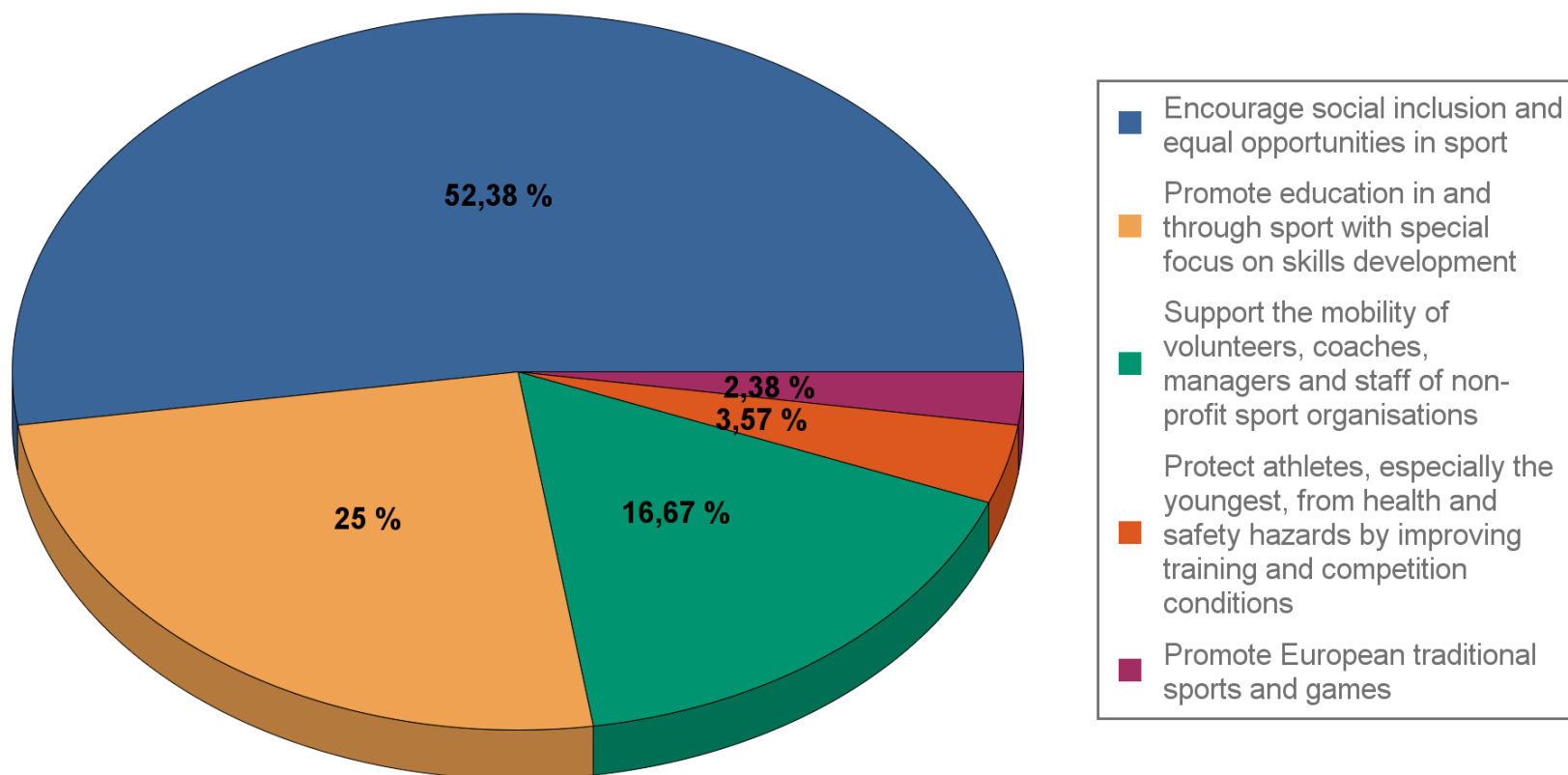
TYPES OF ORGANISATIONS

60 selected / 113



Topics of 2017

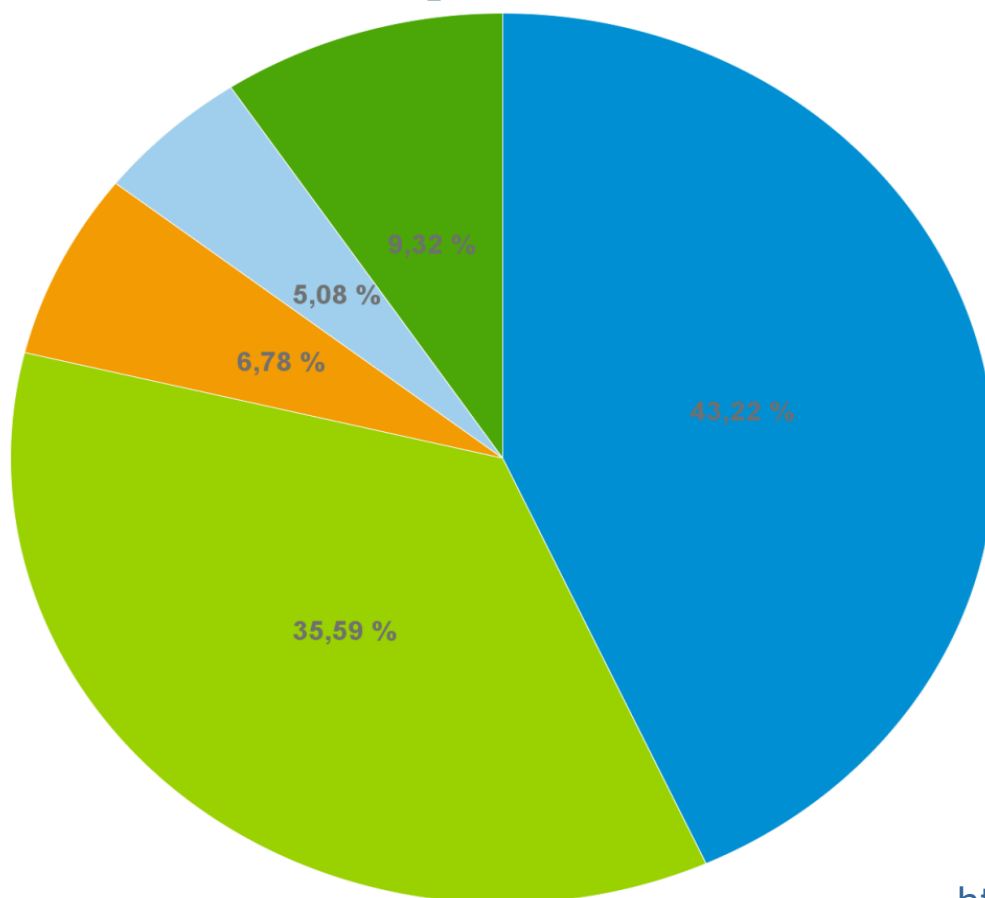
84 selected/162



https://eacea.ec.europa.eu/sites/eacea-site/files/sport_-_basic_stats_2017.pdf

Topics of 2018

118 selected/245



Object Value

- Encourage social inclusion and equal opportunities in sport
- Promote education in and through sport with special focus on skills development
- Promote European traditional sports and games
- Protect athletes, especially the youngest, from health and safety hazards by improving training and competition conditions
- Support the mobility of volunteers, coaches, managers and staff of non-profit sport organisations

https://eacea.ec.europa.eu/erasmus-plus/library/statistics-for-erasmus-plus-sport-2018_en

Get inspired

Social media



facebook.com/EUErasmusPlusProgramme



@EuSport

@EUErasmusPlus

- **Compendia 2016/2017/2018**

https://eacea.ec.europa.eu/erasmus-plus/library_en

https://eacea.ec.europa.eu/sites/eacea-site/files/sport_compendium_2018.pdf

- **Statistics**

https://eacea.ec.europa.eu/erasmus-plus/library/statistics-for-erasmus-plus-sport-2018_en

Get inspired

- **Erasmus+project database**

<http://ec.europa.eu/programmes/erasmus-plus/projects/>

- **European Week of Sport**

https://ec.europa.eu/sport/week_en

- **European Award on social inclusion through Sport**

https://ec.europa.eu/sport/be-inclusive_en

Compendia Erasmus+Sport 2018 (country, topics)

Italy

Reference: 603012-EPP-1-2018-1-IT-SPO-SSCP

Project Title: Creating original synergies between phisycal activity and cultural heritage

Project Acronym: SportH

Eligible Budget (€)	Grant Amount (€)	Co-financing
55.305,00	55.305,00	100,00 %

Project start: 1/01/19

Project end: 31/12/20

Coordinator: POLISPORTIVA
ANTROPOSPORT
ASSOCIAZIONE
DILLETTANTISTICA

Corso di Sotto 49

IT 63100 Ascoli Piceno



Creating original synergies between phisycal activity and cultural heritage

The project aims at establishing a small collaborative partnership for the identification and exchange of good practices, for the development of skills in and through sport, based on valuable original synergies and interactions between grassroots sport/physical activity and cultural heritage.

In line with this, the Partners believe that creative and innovative strategies have to be adopted and/or conceived, which can attract more participants, of all ages, especially among the usually inactive citizens; the essential idea is to make physical activity fun, enjoyable and entertaining, proposing activities designed to stimulate, enhance participants' interest and motivation, maximising their willingness and desire to engage and to this aim agree that cultural heritage can be used as a leverage and driver in reaching this goal. The implementation of these strategies requires the development of new skills within grassroots organizations staff as well as the staff of all organizations and public bodies in charge of sport, aiming at

- exploring and identifying good practices based on the creative interaction between sport and cultural heritage as driver in reaching this goal to attract more people in the practice of health-enhancing physical activity;
- encouraging the acquisition of the good practices by the Partners staff, in the perspective of the development of new skill;

- reinforcing the capacities of Partner Organizations as regards the update and renewal of their value and organizational strategies as well as their impact on local communities;
- increase the capacities of Partner Organizations and staff to promote, along with sport values, local cultural heritage and assets, to trigger new social-economical positive dynamics;
- promoting innovative synergies between the field of sport and the fields of education and training.

The project will be implemented as Olympic Games of Skill in 4 stages, with 3 international creative workshop and the Olympic Final Event.

Participants

CON	POLISPORTIVA ANTROPOSPORT ASSOCIAZIONE DILLETTANTISTICA	Ascoli Piceno	Italy
PA-ASC	MUNICIPALITY OF FYLI	ΑΝΩ ΛΙΟΣΙΑ	Greece
PA-ASC	Running development centre Trail Running Croatia	Zagreb	Croatia
PA-ASC	WYZSZA SZKOLA BIZNESU I NAUK O ZDROWIU	LODZ	Poland

Number of members of sport organisations involved: 1.500

https://eacea.ec.europa.eu/sites/eacea-site/files/sport_compendium_2018.pdf

Compendia Erasmus+Sport 2018 (country, topics)

Slovenia

Reference: 603073-EPP-1-2018-1-SI-SPO-SSCP

Project Title: Promoting Dual Career through Education of Young Journalists

Project Acronym: PRODUCE

Eligible Budget (€)	Grant Amount (€)	Co-financing
59.000,00	59.000,00	100,00 %

Project start: 1/01/19

Project end: 31/12/20

Coordinator: EUSA INSTITUTE

Tomsiceva ulica 4

SI 1000 Ljubljana

<http://www.eusa.eu>



Participants

CON	EUSA INSTITUTE	Ljubljana	Slovenia
PA-ASC	Karate klub Hrvatski dragovoljac	Zagreb	Croatia
PA-ASC	ORGANIZACJA SRODOWISKOWA AKADEMICKIEGO ZWIĄZKU SPORTOWEGO W POZNANIU	Poznań	Poland
PA-ASC	Sports Journalist Association AIPSEUROPE	St Julian's	Malta
PA-ASC	Udruzenje Gradjana "Sportindeks"	Belgrade	Serbia

Number of members of sport organisations involved: 48

Promoting Dual Career through Education of Young Journalists

The key objective of the project is to develop and improve skills and educate young reporters through volunteering at European Universities Championships and Games by promoting dual career of athletes. Every year more than 4000 student-athletes from 40 countries and more than 400 Universities participate at EUSA Universities sport events and we are constantly finding new ways to improve the promotion of their achievements and involve more athletes and countries at EUSA events. On the other side, hundreds of volunteers help organizing events and our job is to make their experience worthwhile so they can continue growing and becoming leaders of tomorrow.

This project is about combining the two so we can give the best knowledge to our volunteers and to motivate and encourage them to continue promoting dual careers of athletes at international, national and local level and to go step forward in becoming game changers.

When analyzing the current status of volunteer role at grassroots competitions, including our own, we realized that media volunteer teams have completely different role and play more important part in following and promoting the event, than at other major competition. Knowing that media teams are not consisted of young reporters and that their coordinators have no background in educating young reporters gives us an opportunity to educate a team of Peer 2 Peer trainers capable of raising the capacity at future grassroots events, create a base for multi-territory and multi-national platform for promoting dual career of athletes and improve their employability.

Final result of the project will include educating trainers, pointing out important topics for non-formal education of young reporters and writing guidelines for improving the experience of volunteers at grassroots and other major sport events. Guidelines will be used at EUSA and other sport events and that will ensure the legacy and sustainability of the project.

https://eacea.ec.europa.eu/sites/eacea-site/files/sport_compendium_2018.pdf

Erasmus + Sport: videos - good practices

Videos

http://ec.europa.eu/programmes/erasmus-plus/videos_en?field_videos_theme_tid=63

Sport



1:56

Fans Against Violence

Sport

Wed, 28/11/2018 - 11:36



SAFE YOU TOOL

02:04

Safe You - Strengthening the Anti-doping Fight in fitness and Exercise in Youth

Sport

Mon, 09/07/2018 - 12:22



02:01

Doping Prevention Through Peer Learning Among Youth

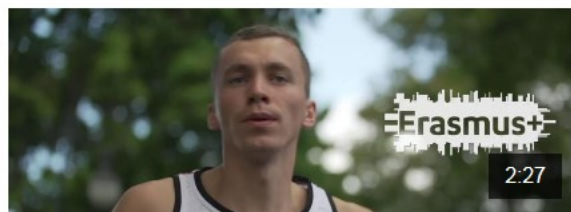
Sport

Tue, 26/06/2018 - 15:37



1:56

European Prize for Social Integration Through Sport



Erasmus+

2:27

Erasmus+: Sport

Sport

Erasmus+ Project Results Platform

What is this platform?

- Tool providing an overview of Erasmus+ projects and predecessor programmes; regular updates

What can you find?

- Descriptions, contact information, results for finalised projects
- Success Stories: inspirational projects for policy makers, potential applicants and other stakeholders
- Good practices, Project factsheets





ERASMUS+ PROJECT RESULTS

Enriching lives, opening minds

Find...

Search



Project Criteria

Clear filters

✕ with FactSheets only

✕ Erasmus+

✕ Sports

All Actions Types

All Topics

All Activity Years

All Funding Years

Organisation Criteria

Project Title

Description

Start
Year

Countries

Erasmus+: Sport – success stories factsheets

x with FactSheets only

x Erasmus+


























x Sports

18 Projects

Download list as Excel  (max. 1000 lines) 

List

Map

Project Title	Description	Topics	Start Year	Countries	
AFTERMATCH - LIFE BEYOND SPORT  SUCCESS STORY  GOOD PRACTICE	AFTERMATCH project tackles the situation in which athletes experience an high risk of a traumatic and unproductive exit from the sport's world: in other words, the project pays attention to the la...	Promote education in and through sport with special focus on skills development	2016	    	ADD TO BOOKLET
VOLUNTEERING IN SCHOOL SPORT  SUCCESS STORY  GOOD PRACTICE	The Volunteering in School Sport (V2S) project gathered 24 young volunteers from 6 different European countries, members of the International School Sport Federation. They participated in three mo...		2017	      	ADD TO BOOKLET
PROMOTING SOCIAL INCLUSION OF PERSONS WITH MENTAL DISABILITIES THROUGH SPORT	Insport+, building upon the experience of the previous INSPOORT project (2013-2014), is born with the idea of creating a network of associations across Europe committed to foster the social inclusi...		2016	        	ADD TO BOOKLET

Ideas ...

[BROWSE ALL PROJECTS](#)

PROMOTING SOCIAL INCLUSION OF PERSONS WITH MENTAL DISABILITIES THROUGH SPORT

9 Participating countries: 

★ SUCCESS STORY

👤 GOOD PRACTICE EXAMPLE

📄 DOWNLOAD AS PDF

🗺️ VIEW PROJECT MAP

📅 **Start:** 01-01-2016 - **End:** 31-12-2017
 📄 **Project Reference:** 567197-EPP-1-2015-2-IT-SPO-SCP
 💰 **EU Grant:** 418880 EUR
 🏠 **Website:**
<http://insportproject.eu/>

Programme: **Erasmus+**
 Key Action: **Sport**
 Action Type: **Collaborative Partnerships**

📄 VIEW THE FACT SHEET

📄 Summary

INSPO+ building upon the experience of the previous INSPORT project (2013-2014), is born with the idea



👤 Coordinator

 **COMUNE DI PRATO**

PIAZZA DEL COMUNE 2
 59100
 PRATO
 Extra-Regio NUTS 2
<http://www.comune.prato.it>
Organisation type: Local Public body

[BROWSE ALL PROJECTS](#)

WATERSPORTS ENHANCED TOGETHER

5 Participating countries: 

★ SUCCESS STORY

👤 GOOD PRACTICE EXAMPLE

📄 DOWNLOAD AS PDF

🗺️ VIEW PROJECT MAP

📅 **Start:** 02-05-2016 - **End:** 01-11-2017
 📄 **Project Reference:** 572813-EPP-1-2016-1-UK-SPO-SCP
 💰 **EU Grant:** 148500 EUR
 🏠 **Website:**
<http://www.beactive-getwet.eu>

Programme: **Erasmus+**
 Key Action: **Sport**
 Action Type: **Collaborative Partnerships**

📄 Summary

The overall aim of the project was to encourage increased health enhancing physical activity especially for those at risk of social and economic isolation through the use of water based sports and activities. It involved collaborative working at a local, national and European level to promote opportunities for long term



👤 Coordinator

 **THE SPORTS COUNCIL FOR NORTHERN IRELAND**

HOUSE OF SPORT 2A UPPER MALONE ROAD
 BT9 5LA
 BELFAST
 Northern Ireland
<http://www.sportni.net>
Organisation type: National Public body

👤 Partners

 **SUOMEN LATU RY** ▼
 **WATERWAYS IRELAND** ▼

Success story : project detail & factsheet

 [BROWSE ALL PROJECTS](#)

PROMOTE PHYSICAL EXERCISE IN FRAIL ELDERLY

5 Participating countries:     

★ [SUCCESS STORY](#)

 [GOOD PRACTICE EXAMPLE](#)

[DOWNLOAD AS PDF](#)

[VIEW PROJECT MAP](#)

 **Start:** 01-01-2015 - **End:** 31-12-2016

 **Project Reference:** 556988-EPP-1-2014-1-ES-SPO-SCP

 **EU Grant:** 483219.01 EUR

 **Website:**
<http://www.vivifrail.com/>

Programme: Erasmus+

Key Action: Sport

Action Type: Collaborative Partnerships

 [VIEW THE FACT SHEET](#)

Summary

VIVify is born to support European health systems handle the challenges of efficient care provision and system reorganisation, and meet future needs, related to an ageing and frailty society, through the search






 **Coordinator**

 **UNIVERSIDAD PUBLICA DE NAVARRA**

CAMPUS DE ARROSADIA
31006
PAMPLONA
Extra-Regio NUTS 2
<http://www.unavarra.es>
Organisation type: Higher education institution (tertiary level)

Partners

-  **CENTRE HOSPITALIER UNIVERSITAIRE DE TOULOUSE**
-  **UNIVERSITA CATTOLICA DEL SACRO CUORE**
-  **DIABETES FRAIL LIMITED**



Promoting exercise for older people to reduce frailty

EU project designs television, mobile app and website-based exercise programmes to help improve strength and endurance in older people



Europe's population is ageing – by 2025 more than 20% of Europeans will be 65 years or older. EU-project Vivifrail is helping to give people aged 70+ more personal independence, combat frailty and build strength to limit falls through training programmes tailored to meet different mobility needs.

The project developed television, app and [internet-based training programmes](#). The exercise programmes included strength and endurance training designed to delay disability and frailty-related accidents, and improve strength, gait and balance. It then distributed leaflets, brochures and posters about the training programme in retirement homes, health centres and public spaces.

The programme, designed by doctors, nurses, trainers and retirement home staff, contains different sets of exercises for use at home, as well as for hospitalised patients in their bed, bathroom or hallway. Exercises can be done sitting and standing to improve muscular strength and power, cardio-vascular resistance, balance and walking.

The project is set to have an impact beyond European borders. Project coordinator Mikael Izquierdo said:

“The Spanish Ministry of Health, as well as other regional health institutions in Spain and across Europe, have agreed to implement Vivifrail's strategies to avoid frailty in elderly people. And the World Health Organisation will take into consideration Vivifrail to develop its ageing healthy plan.”

Programme guidelines were published in an [e-book](#), available for all health, educative, sport and leisure professionals. Vivifrail also created an app with clear, easy-to-use instructions.

The project has reached more than 6,000 professionals and has made 400 hours of training programmes that have reached more than 3,000 people online.

More information
Project website: www.vivifrail.com
The Erasmus+ Project Results Platform: <http://ec.europa.eu/programmes/erasmus-plus/projects>

Key facts and figures	
Participants: 3,000+	Countries: 5
EU grant: €483,219	Project duration: 2015-2016

Project title
Promote Physical Exercise in Frail Elderly



Lead organisation
Name: Universidad Pública de Navarra
Location: Pamplona, Spain
Website: www.unavarra.es

Partners
Centre Hospitalier de Toulouse, France; Università del Piemonte Orientale, Italy; Università Cattolica del Sacro Cuore, Italy; Fondazione della Ricerca Biomedica e della Università de Valencia, Spain; San Carlo Maurizio del Valido, Spain; Diabetes Frail Limited, UK

Be part of E+ Sport family!



EACEA-SPORT@ec.europa.eu